

Would you Like Fries with That?

1. Did people order differently? Why do you think that is?
2. Are you surprised by the results?

1. People who took the survey pretty much ordered the same things. I think it's because most people pay more attention to their stomachs. They don't really care that much about calories and minutes of exercises. Because they are so hungry, they only care about getting full and eating enough for themselves. Even if the food is unhealthy, they still eat it since they are simply hungry.
2. I am surprised about the results because I thought everyone would carefully choose their menus. When I go to a fast food restaurant, I mostly eat balanced. One fast food and on salad is enough for me. However, I noticed that MOST people were choosing menus carelessly. They don't care about how much weight they are going to gain. They just care about eating foods that is unhealthy and just will fill their empty stomachs.



