


## Have it Your Way

1. How much do you or the person who you did the menu for have to exercise to burn off the food on the menu?
2. Are you surprised by the results?


1. It would take 286.55 minutes to burn off everything on the poster if I ate everything on the poster.
2. I am not surprised since the foods and drink that I chose did have a lot of calories than other average foods like foods that have calories of 400. Also football does not burn as many calories as soccer or other sports so it takes more minutes to burn those calories.

*115 pounds* **Evan Kim** *playing football*


My favorite drink is mango dragonfruit lemonade with 280 calories. Which takes me 38.65 to burn those calories



One of my favorite foods is Gam Ja Tang with 436 calories. That takes me 60.18 minutes to burn off those calories



Another one of my favorite foods is chicken teriyaki with 660 calories which takes me 91.10 minutes to burn those calories



A third favorite food of mine is chipotle burrito with 700 calories. Which takes 96.62 minutes to burn those calories

