## Have it Your Way

- 1. How much do you or the person who you did the menu for have to exercise to burn off the food on the menu?
- 2. Are you surprised by the results?
- 1. The average fifth grader would have to play soccer for 0 minute to burn of a bottle of water, 44.18 minutes for a cheese pizza and 13.96 minutes for a serving of vanilla ice cream. To burn of the total menu, it would take 58.16 minutes of playing soccer.
- 2. I was not surprised by the results because water does not have any calories because it has no sugar. I expected that the ice cream would take more time to burn of the calories. I was expecting the total amount of minutes that pizza took to burn. These reasons are why I wasn't surprised with the amount of minutes it took to burn of all of the calories of my menu.

CALONES IN LOOD	Sth. GOME GAS (PORT-SOCCER) Sth. GOME GAS (PORT-SOCCER) - 10.63 calories per minute - 10.63 calories per minute - 0 calories per minutes
285 cai HH.18 min Areese Dizza (varnita)	CHADI BOVS (SDODT-SOCCED) A BIT cauries per minute 10.63 cauries per minute The Ocalories per minute 10.63 cauries per minute